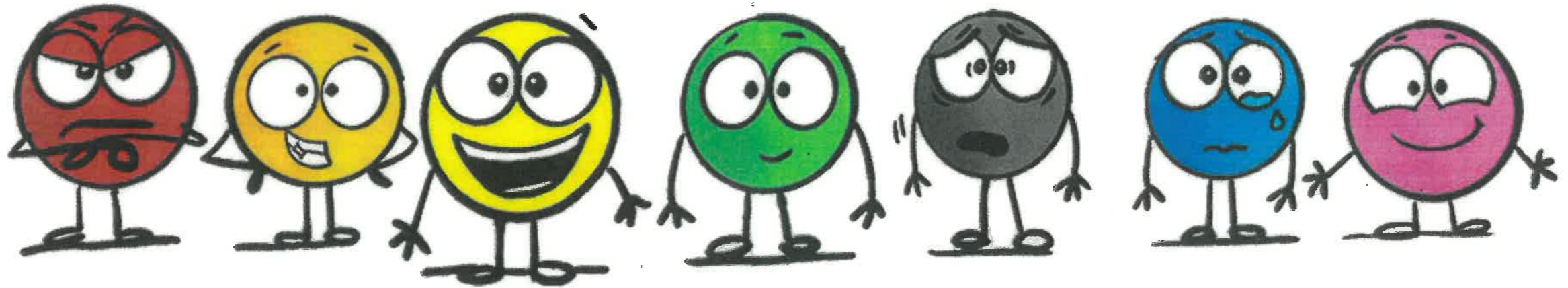


# SPOT YOUR EMOTIONS



## ANGER

Annoyed  
Mad  
Furious  
Frustrated  
Irritated

## CONFIDENCE

Brave  
Accepted  
Encouraged  
Prepared  
Grateful  
Proud  
Determined

## HAPPINESS

Optimistic  
Delighted  
Hopeful  
Cheerful  
Silly  
Goofy  
Positivity  
Overjoyed  
Surprised  
Joy  
Excited

## PEACEFUL

Focused  
Relaxed  
Calm

## ANXIETY

Worried  
Afraid  
Concerned  
Embarrassed  
Overwhelmed  
Nervous  
Scared  
Ashamed  
Stressed  
Shy  
Uncomfortable

## SADNESS

Left out  
Hurt  
Lonely  
Tired  
Upset  
Disappointed  
Down  
Miserable  
Discouraged  
Bored

## LOVE

Compassion  
Appreciated  
Special  
Valued  
Cherished  
Empathy  
Treasured